

NORTHAM COMMUNITY WELLBEING PLAN

2024-2027

Long-term Outcome: Improve the safety, health and wellbeing of all individuals living, working, and visiting the Shire of Northam.

Endorsed: August 2024

PURPOSE

The Northam Community Wellbeing Plan seeks to improve the safety, health and wellbeing, and strengthen agency collaboration; in turn reducing the incidence of risky behaviours and potential harms associated with alcohol and other drug use within the community of Northam. The Northam Community Wellbeing Plan endeavours to achieve this by:

- Actively supporting partnerships between community and service providers to identify and address local issues.
- Providing a means to coordinate, implement and evaluate an evidence-based, whole of community approach in a timely and appropriate manner.

BACKGROUND

The Northam Community Wellbeing Plan was developed using best practice principles (see appendix 1).

The four planning workshops facilitated by the Wheatbelt Prevention Team with key Northam stakeholders and agencies (Held in November 2022, March 2023 and 2x February 2024), and the analysis of a number of consultation documents, anecdotal data & reports, and the Shire of Northam's Community Perception Survey dating from 2022 have provided the context for the Northam Community Wellbeing Plan. These documents reflect the collective knowledge and experience of the Northam Community Wellbeing Plan [NCWP] planning workshops and should be consulted if further development of the NCWP is required.

Documents which inform the Northam Community Wellbeing Plan:

- *Shire of Northam Community Perception survey 2022*
- *Shire of Northam Community Safety Report 2022*
- *WACHS – Northam Hospital Epidemiology Data 2020 - 2023*
- *Northam Early Development Index Data*

These documents can be acquired by contacting the Wheatbelt Prevention Team, or the Northam Community Wellbeing Plan committee.

LINKS TO EXISTING STRATEGIES

The Northam Community Wellbeing Plan committee acknowledges the existing strategic framework of:

National Strategies:

- [National Drug Strategy 2017-2026](#)
- [National Alcohol Strategy 2019 -2028](#)
- [The Fifth National Mental Health and Suicide Prevention Plan](#)
- [ATSISPEP Report 2016 & ATSISPEP Youth Round Table Report 2015](#)
- [National Mental Health and Wellbeing Pandemic Response Plan](#)
- [National Aboriginal & Torres Strait Islander Suicide Prevention Strategy](#)
- [National Strategic Framework for Aboriginal & Torres Strait Islander Peoples' Mental Health and Social and Emotional Wellbeing](#)
- [Gayaa Dhuwi \(Proud Spirit\) Declaration](#)
- [The National Mental Health and Suicide Prevention Agreement](#)
- [The National LGBTIQ+ Mental Health and Suicide Prevention Strategy](#)
- [The Living is for Everyone Framework](#)
- [Australia's Long Term National Health Plan](#)
- [National Suicide Prevention Leadership and Support Program](#)
- [Foundation for Alcohol Research and Education \(FARE\) Strategic Plan 2024-27](#)

State Strategies:

- [WA Mental Health Promotion, Mental Illness, Alcohol and Other Drug Prevention Plan 2018 -2025](#)
- [Working Together: Mental Health and Alcohol and Other Drug Engagement Framework 2018 –2025](#) (& associated [toolkit](#))
- [Working Together: Aboriginal & Torres Strait Islander Mental Health & Wellbeing Principles and Practice](#)
- [Better Choices. Better Lives. Western Australian Mental Health, Alcohol and Other Drug Services Plan 2015 –2025](#)
- [WA Suicide Prevention Framework 2021 to 2025](#)
- [State Public Health Plan for Western Australia: Objectives & Policy Priorities for 2019 - 2024](#)
- [WA State Priorities Mental Health, Alcohol and Other Drugs 2020 - 2024](#)
- [WA Aboriginal Health and Wellbeing Framework 2015 - 2030](#)
- [Young People's Mental Health and Alcohol and Other Drug Use: Priorities for Action 2020 - 2025](#)

- [WA Foundational Plan for Mental Health, Alcohol and Other Drug Services, and Suicide Prevention](#)
- [Sustainable Health Review](#)
- [Profile of Children and Young People Report 2024](#)
- [A Safe Place: A Western Australian strategy to provide safe and stable accommodation, and support to people experiencing mental health, alcohol and other drug issues 2020-2025](#)
- [Mental Health 2020: Making it personal and everybody's business – Reforming Western Australia's mental health system](#)
- [Western Australian Health Promotion Strategic Framework 2022-2026](#)

Local Strategies:

- [Shire of Northam Public Health and Wellbeing Plan 2023-2028](#)
- [Shire of Northam Community Safety and Crime Prevention Plan 2022-2026](#)

WORKING DOCUMENT

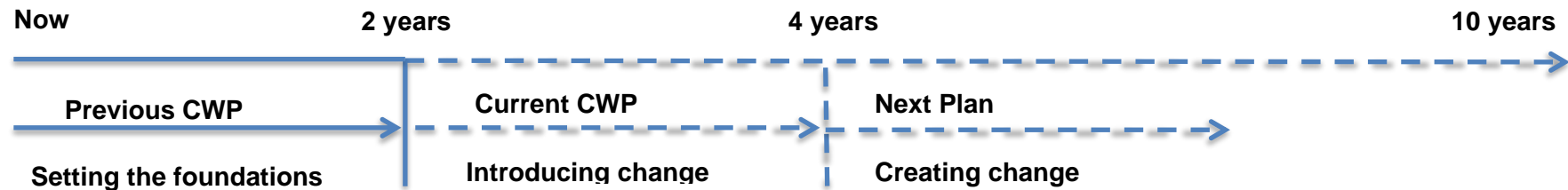
The Northam Community Wellbeing Plan is intended to be a **three-year** plan. However, the working group acknowledges that there may be cases where strategy and key priority areas will adopt some variation according to emerging trends in the community.

LIST OF ACRONYMS USED IN THIS DOCUMENT

ABC	Act Belong Commit
ADF	Australian Drug Foundation
AOD	Alcohol and other drugs
ATA	Alcohol Think Again
CWP	Community Wellbeing Plan
DLGSC	Department of Local Government, Sport and Culture
FDV	Family & Domestic Violence
MH	Mental Health
MHC	Mental Health Commission
RSDE	Road Safety and Drug Education
SP	Suicide Prevention
WACHS	WA Country Health Service
WAPHA	WA Primary Health Alliance
WAPOL	WA Police
WCADS	Wheatbelt Community Alcohol and Drug Service

Priority Areas:

- 1. Vulnerable and Complex Family Systems**
- 2. Alcohol and Other Drugs**
- 3. Mental Health and Self-harming Behaviours**



Priority 1: Short-term Outcomes (next 24 months)

- Raise awareness of the importance of education and reduce barriers to accessing education for families/carers and young people, whilst also promoting alternate to education opportunities/options to eligible young people and community members.
- Provision of community driven health initiatives, focusing on access to healthy food and physical activity, and promotion healthy lifestyle choices.
- Promotion of a 'no wrong door policy' for organisations supporting vulnerable and complex families through improved system navigation.

Priority 2: Short-term Outcomes (next 24 months)

- Reduction in the incidence of vaping and alcohol consumption in young people by raising awareness of the associated harms through the harm supply and demand strategies and public awareness campaigns to encourage healthy and safe behaviours.
- Address alcohol culture, risky alcohol consumption and its associated harms within the home, workplace, sporting clubs and community, by embedding healthy public policy and harm minimisation strategies to create healthy and safe environments for all.
- Utilising existing state and national public awareness campaigns and scope the capacity to work with community to develop a localised campaign that addresses risky behaviours and harms associated with vaping and alcohol use.

Priority 3: Short-term Outcomes (next 24 months)

- Delivery of education, training and dissemination of public awareness campaigns that promote healthy coping strategies for children and young people that partake in non-suicidal self-injury (NSSI), whilst promoting associated support services to them and their families/carers.
- Provision of education, training and co-designed public awareness campaigns that promote the importance of healthy lifestyle choices to maintain good mental health and reduce the incidence of distress within the home, workplace, sporting clubs and community.
- Scope the delivery of social and emotional wellbeing programs/initiatives that have the capacity to reduce the impacts of intergenerational trauma, grief and loss and increase self-determination and empowerment for our Aboriginal and Torres Strait Islander people.

PRIORITY ONE: Vulnerable and Complex Family Systems			
<i>Primary Target Group: Whole of Community</i>			
SHORT-TERM OUTCOME/S (next 24 months)	KEY PERFORMANCE INDICATOR	COLLECTION TOOL	COLLECTED BY
Raise awareness of the importance of education and reduce barriers to accessing education for families/carers and young people, whilst also promoting alternate to education opportunities/options to eligible young people and community members.	Increased knowledge about the importance of education.	Number of events promoting education held.	Organisations organising the events.
	Increased awareness of alternative to education opportunities / options.	Number of resources disseminated that increase awareness.	Organisations distributing resources.
Provision of community driven health initiatives, focusing on access to healthy food and physical activity, and promotion healthy lifestyle choices.	Increased access to healthy food.	Number of initiatives providing healthy food to community.	Organisations involved.
	Increase in people participating in physical activity	Number of opportunities for community to participate in physical activity.	Organisations involved.
	Increased knowledge of how to make healthy life choices.	Number of resources and programs delivered that provide education on healthy life choices.	Organisations distributing or providing education.
Promotion of a 'no wrong door policy' for organisations supporting vulnerable and complex families through improved system navigation.	Increased awareness of local place-based and out-reach services available for the community.	Number of resources dissemination to the community.	Organisations disseminating the resources.

ACTIONS	LEAD	RESOURCES	WHO WILL CONTRIBUTE	BY WHEN
Short-term Outcome: Raise awareness of the importance of education and reduce barriers to accessing education for families/carers and young people, whilst also promoting alternate to education opportunities/options to eligible young people and community members.				
Continued inter-agency support and promotion of the annual Back to school event.	Department of Education Northam PCYC		Whole of committee.	Ongoing.
Contribute to and disseminate the Mapping Tool that is being developed for Northam and surrounds by the Wheatbelt Human Services Managers Forum (WHSMF) Early Years / Children / Young People / Education & Training Pathways PAWG.	Northam PCYC		Wheatbelt Human Services Managers Forum (WHSMF) Early Years / Children / Young People / Education & Training Pathways PAWG	Ongoing.
Continued inter-agency support and promotion of Northam's Careers Day.	Whole of Committee			Ongoing.
Advocate for the continuation of Avon Community Services Bus to transport young people to and from school and promote this service through all youth networks.	Avon Community Services		Whole of Committee	Ongoing.

Promote WA Healthy Schools Framework to local schools and encourage the adoption of preventative and health promoting initiatives embedded within the Framework.	WA Country Health Service (WACHS) Department of Education	WA Healthy Schools Framework		Ongoing.
Raise community and parent awareness of the school-based engagement strategies at each of the Northam schools. These strategies are designed to mitigate school refusal and disengagement from education.	Department of Education (Wheatbelt Education Regional Office, Avonvale Primary School, Northam Primary School, Northam Senior High School, West Northam Primary School)	Home Schooling and Alternative to Education programs	Northam PCYC Avon Community Services	Ongoing.
Support ongoing viability of off-site education engagement support (eg. SALS, Stepping Stones and SSEN:BE).	Department of Education	Alternative education programs	Northam PCYC	Ongoing.

For students in senior years, ensure parents are aware of requirements of alternatives to full-time school options (training and employment pathways).	Department of Education			
Support Central Regional Tafe's (Northam) Graduation	KEEDAC			

ACTIONS	LEAD	RESOURCES	WHO WILL CONTRIBUTE	BY WHEN
Short-term Outcome: Provision of community driven health initiatives, focusing on access to healthy food and physical activity, and promotion healthy lifestyle choices.				
Continue to advocate for local business and corporations to donate to Breakfast Club programs in schools in Northam and surrounds.	Department of Education		Local business and corporations	Ongoing.
Promotion of the Food Community Program Database to improve food security.	WA Country Health Service (WACHS)	Food Community Program Database	Whole of committee	Ongoing.
Promotion of youth engagement / participation / diversion programs (such as School Holiday Programs, Act Belong Commit and Kids Sport) to youth organisations, sporting clubs, schools, and parents/carers.	DLGSC WA Country Health Service (WACHS)	ABC Kids Sport	Northam PCYC Holyoake Shire of Northam Stephen Michael Foundation	Ongoing.

			Avon Community Services	
Promotion of opportunities for community members and schools to participate and engage with health, lifestyle and wellbeing initiatives or campaigns (e.g. HP schools framework).	Department of Education Northam PCYC WA Country Health Service (WACHS) Holyoake	ABC MHC ADF Livelihood Crunch n Sip Heart Foundation	Dept of Local Government, Sport and Culture (DLGSC) Hearspace (kitchen pantry) Share & Care	Ongoing.
Promotion of the Shire of Northam's Public Health Plan priority outcomes of "Healthy Lifestyles" by advocating for outdoor exercise equipment in appropriate areas along with the promotion of regular physical activity opportunities.	Shire of Northam		WA Country Health Service (WACHS) Dept of Local Government, Sport and Culture (DLGSC)	Ongoing.
Coordination of a Walking for Wellness Group.	Holyoake (clinical team)		WACHS	Once a year.
Support the delivery of Intensive Family Support Services (IFSS).	KEEDAC			Ongoing.

	WANSLEA			
Support the delivery of the Homemaker Program.	Share & Care			Ongoing.

ACTIONS	LEAD	RESOURCES	WHO WILL CONTRIBUTE	BY WHEN
Short-term Outcome: Promotion of a 'no wrong door policy' for organisations supporting vulnerable and complex families through improved system navigation.				
Localisation of Holyoake's Wheatbelt Community Support Service Directory – to focus on place-based and outreach services that support the Shire of Northam.	Holyoake		Shire of Northam Northam Chamber of Commerce	Ongoing.
Disseminate Holyoake's 'Free Counselling Services for Young People Flowchart'	Holyoake		Whole of committee	Ongoing.
Dissemination of Holyoake's Audio Visual (AV) Display to GP's, Pharmacies, and local Support Services.	Holyoake		Whole of committee	Ongoing.
Dissemination of Wellbeing Directories that accompany the Living Well in the Wheatbelt Plan 2035.	WA Country Health Service (WACHS)		Whole of committee	Ongoing.
Ensuring Health Pathways contains up to date information for GPs on services.	WA Primary Health Service (WAPHA)			Ongoing.
Thrive – Clients supported when referred to other services	KEEDAC WANSLEA			

PRIORITY TWO: Alcohol and Other Drugs			
<i>Primary Target Group: Whole of Community</i>			
SHORT-TERM OUTCOME/S (next 24 months)	KEY PERFORMANCE INDICATOR	COLLECTION TOOL	COLLECTED BY
Reduction in the incidence of vaping and alcohol consumption in young people by raising awareness of the associated harms through the harm, supply and demand strategies and public awareness campaigns to encourage healthy and safe behaviours.	Increased dissemination of campaign material to young people.	Number of campaign disseminations	Organisations facilitating the education.
	Increase in the amount of no-smoking / vaping signage around the community.	Number of no-smoking / vaping signs disseminated and displayed.	Organisations disseminating the signage.
	Provision of Resilience and Wellbeing Expos for young people.	Number of expos coordinated.	Organisation leading the expos.
Address alcohol culture, risky alcohol consumption and its associated harms within the home, workplace, sporting clubs and community, by embedding healthy public policy and harm minimisation strategies to create healthy and safe environments for all.	Increased dissemination of campaign material and education opportunities.	Number of campaign disseminations. Number of education sessions provided.	Organisations facilitating the education. Organisations disseminating campaign material.
	Increased availability of alcohol-free options and harm minimisation strategies at local event.	Number of events utilising harm minimisations strategies.	Organisations organising local events.
Utilising existing state and national public awareness campaigns and scope the capacity to work with community to develop a localised campaign that addresses risky behaviours and harms associated with vaping and alcohol use.	Increased dissemination of campaign material and education opportunities.	Number of campaign disseminations.	Organisations facilitating the education.

		Number of education sessions provided.	Organisations disseminating campaign material.
	Increased awareness of the harms associated with alcohol use, including drink driving and FASD.	Number of awareness raising initiatives and activities.	Organisations organising initiatives and activities.

ACTIONS	LEAD	RESOURCES	WHO WILL CONTRIBUTE	BY WHEN
Short-term Outcome: Reduction in the incidence of vaping and alcohol consumption in young people by raising awareness of the associated harms through the harm, supply and demand strategies and public awareness campaigns to encourage healthy and safe behaviours.				
Continued promotion of education resources and programs to young people.	Department of Education (RSDE)	Dept. of Ed resources Cancer Council	Holyoake WA Country Health Service (WACHS)	Ongoing
Implementation of the “Close the Door on Vaping” campaign in schools, organisations, and businesses.	WA Country Health Service (WACHS)	Close the Door on Vaping resource	Local schools Department of Education Holyoake	Ongoing
Scope the expansion of no smoking/vaping signage in public places, businesses and at local events.	WA Country Health Service (WACHS)		Holyoake Shire of Northam	Ongoing

Continued dissemination of MHC, ADF and Cancer Council campaign material, including but not limited to: <ul style="list-style-type: none"> - Cancer Council - Clear the Air - Alcohol. Think Again – We All Need to Say No - Alcohol. Think Again – What’s Your Poison? - Alcohol. Think Again – Alcohol Guidelines 	Holyoake Northam Local Drug Action Team Shire of Northam	MHC Cancer Council ADF	Whole of Committee	Ongoing
Promotion of the Alcohol Is No Excuse and 16 Days in WA Campaign	Share and Care Northam Local Drug Action Team		Holyoake	Ongoing
Coordinate Resilience and Wellbeing Expos through the Northam Local Drug Action Team within the Northern Wheatbelt	Holyoake	ADF	Department of Ed. PCYC WAPOL Amity Health	Ongoing

Short-term Outcome: Address alcohol culture, risky alcohol consumption and its associated harms within the home, workplace, sporting clubs and community, by embedding healthy public policy and harm minimisation strategies to create healthy and safe environments for all.				
Promote the ADF 'Good Sports' program to sporting organisations.	DLGSC	ADF	Holyoake	Ongoing
Scope opportunities to promote online and deliver face-to-face Responsible Service of Alcohol training within the Shire of Northam.	Holyoake	ADF	DLGSC	Ongoing
Advocate for the Shire of Northam events to provide Alcohol-free options and promote harm minimisation strategies.	Holyoake Shire of Northam	ADF MHC		Ongoing
Scope opportunities to deliver alcohol and other drug prevention presentations to local workplaces.	Holyoake	Cancer Council	WA Country Health Service (WACHS)	Ongoing
Promote Family and Domestic Violence Training within the Shire of Northam.	Share and Care Holyoake	Lifeline	Whole of Committee	Ongoing
IFSS supporting families through self-determination strategies to reduce harmful behaviours within families	KEEDAC WANSLEA			
Promotion of evidence based tools and resources amongst health services to assess risk and minimise harm.	WACHS Holyoake			

Short-term Outcome: Utilising existing state and national public awareness campaigns and scope the capacity to work with community to develop a localised campaign that addresses risky behaviours and harms associated with vaping and alcohol use.				
Continued dissemination of MHC, ADF, Cancer Council, NOFASD, Every Moment Matters, NACCHO's campaign material, websites, and information, including but not limited to: <ul style="list-style-type: none"> • Cancer Council - Clear the Air • Alcohol. Think Again – We All Need to Say No • Alcohol. Think Again – What's Your Poison? • Alcohol. Think Again – Alcohol Guidelines • Alcohol. Think Again – One Drink • NOFASD Resources • Every Moment Matters Resources • NACCHO's - Strong Born Campaign 	Holyoake Shire of Northam Northam Local Drug Action Group	Cancer Council MHC NOFASD FARE NACHHOs	Whole of Committee	Ongoing
Scope the expansion of the "Close the Door on Vaping" Campaign to the whole community.	WA Country Health Service (WACHS) Holyoake Northam Local Drug Action Group		Department of Education	Ongoing
Promotion of a Drink Driving Round to local Sporting clubs.	Holyoake Northam Local Drug Action Group	MHC	Local sporting clubs	Ongoing

Scope the creation of a localised FASD campaign, utilising existing messages.	Holyoake WA Country Health Service (WACHS)	MHC	Early Years Network Shire of Northam	Ongoing
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PRIORITY THREE: Mental Health and Self-harming Behaviours			
<i>Primary Target Group: Whole of Community</i>			
SHORT-TERM OUTCOME/S (next 24 months)	KEY PERFORMANCE INDICATOR	COLLECTION TOOL	COLLECTED BY
Delivery of education, training and dissemination of public awareness campaigns that promote healthy coping strategies for children and young people that partake in non-suicidal self-injury (NSSI), whilst promoting associated support services to them and their families/carers.	Provision of education sessions, training and workshops that promote healthy lifestyle choices for young people, including information of where support can be accessed.	Number of workshops, education sessions and training delivered to young people.	Holyoake
	Dissemination of Public Awareness Campaign – specific to young people	Number of Public Awareness Campaigns disseminated	
	Increase knowledge of healthy lifestyle choices for young people.	Post workshop evaluations	
Provision of education, training and co-designed public awareness campaigns that promote the importance of healthy lifestyle choices to maintain good mental health and reduce the incidence of distress within the home, workplace, sporting clubs and community.	Provision of education and training promoting healthy and safe lifestyle choices within the home and broader community.	Number of training and education sessions delivered	Holyoake
	Increased knowledge of healthy and safe lifestyle choices	Post workshop evaluations	
	Development of localised public awareness campaign promoting healthy and safe lifestyle choices within the home and broader community	Dissemination of localised public awareness campaign	

Scope the delivery of social and emotional wellbeing programs/initiatives that have the capacity to reduce the impacts of intergenerational trauma, grief and loss and increase self-determination and empowerment for our Aboriginal and Torres Strait Islander people.	In collaboration with Wheatbelt ACCO's, scoping funding opportunities to deliver social and emotional wellbeing programs.	Scoping undertaken in collaboration with Wheatbelt ACCO's	Holyoake
	Provision of social and emotional wellbeing programs/workshops/yarning sessions for Aboriginal and Torres Strait Islander people residing in Northam and surrounds.	Number of social and emotional wellbeing programs/workshops/yarning sessions delivered.	KEEDAC Moorditj Youth

ACTIONS	LEAD	RESOURCES	WHO WILL CONTRIBUTE	BY WHEN
Short-term Outcome: Delivery of education, training and dissemination of public awareness campaigns that promote healthy coping strategies for children and young people that partake in non-suicidal self-injury (NSSI), whilst promoting associated support services to them and their families/carers.				
Delivery of culturally secure mental health and suicide awareness literacy through workshops such as Deadly Thinking Youth.	Moorditj Youth		Holyoake	Ongoing
Delivery of Gatekeeper Suicide Prevention training to upskill professionals and paraprofessionals, that support young people, to assist them in safely managing their NSSI behaviour.	Holyoake Department of Education	Holyoake MHC		Ongoing
Promotion of Apps and online support services that can assist young people to safely manage their NSSI (Apps such as Calm Harm and ibobbly and websites such as Reach Out, Youth Focus and Beyond Blue).	Holyoake	Holyoake / Peak Bodies	Department of Education & Schools in Northam and surrounds.	Ongoing

Scope the capacity to develop and subsequently deliver workshops to parents/carers/school administrators/youth workers to upskill them to enable them to safely support young people that partake in NSSI.	Holyoake Department of Education	Holyoake Orygen	Department of Education & Schools in Northam and surrounds	Ongoing
THRIVE yarn with clients and if a disclosure is made, support clients through referrals to other services and maintain support until client is able to stay connected on their own	KEEDAC WANSLEA			

Short-term Outcome: Provision of education, training and co-designed public awareness campaigns that promote the importance of healthy lifestyle choices to maintain good mental health and reduce the incidence of distress within the home, workplace, sporting clubs and community.				
Supporting the annual TURN UP IN BLUE Day Event held during Mental Health Week in Northam.	Holyoake Whole of Committee	MHW TUIB Committee WAAMH	Shire of Northam	Annually
Scope capacity to host events during key national awareness weeks (Youth Week, Men's Health Week, NAIDOC Week, Reconciliation Week, Pride Week, Harmony Week) to promote wellbeing, healthy coping strategies, and lifestyle choices.	Holyoake Shire of Northam Northam PCYC KEEDAC		Peaks for each of the associated National Awareness Weeks	Ongoing
Scope the capacity to advocate for a LGBTQIA+ ally campaign to address a local identified need.	WACHS Holyoake	Minus 18 QLife	Headspace	Ongoing

		Reach Out Freedom Centre		
Scope the capacity to deliver Professional Selfcare and Workplace Wellbeing workshops to Industry workplaces and business in Northam and Surrounds. Promote to Industry workplaces and business in Northam and surrounds, the importance of developing a Workplace Wellbeing Strategy to assist/enhance the wellbeing of their employees/staff.	Holyoake		Shire of Northam Northam Chamber of Commerce	Ongoing
Delivery of Mental Health First Aid courses (Adults, Aboriginal, Youth, Older Adults) to professionals, paraprofessionals, carers and community members in Northam and surrounds.	Holyoake WA Country Health Service (WACHS)	MHFA Australia WAPHA		Ongoing

Short-term Outcome: Scope the delivery of social and emotional wellbeing programs/initiatives that have the capacity to reduce the impacts of intergenerational trauma, grief and loss and increase self-determination and empowerment for our Aboriginal and Torres Strait Islander people.				
Delivery of Trauma Informed Care and Practice (DoE) for school staff.	Department of Education (RSDE)			Ongoing
Promote resources that have been developed by the Healing Foundation to schools and Organisations and promote the Healing Foundation's Healing Portal.	Whole of Committee	Healing Foundation	Whole of Committee	Ongoing

Promote the services and supports that are offered by Yorgum Healing Service to young people that have been impacted by Family & Domestic Violence (FDV).	Whole of Committee	Yorgum Healing Service	Whole of Committee	Ongoing
Scope the capacity and funding opportunities to deliver Red Dust Healing workshops in Northam and surrounds.	WA Country Health Service – Aboriginal Mental Health Holyoake	Red Dust Healing	Moorditj Youth KEEDAC	Ongoing
Scope the capacity to build our Aboriginal and Torres Strait Islander facilitator network by offering Train-The-Trainer (TTT) workshops for Aboriginal Mental Health First Aid to WA Country Health Service staff and Elders in the community.	WA Country Health Service – Aboriginal Mental Health	MHFA Australia	KEEDAC	Ongoing
Scope the capacity and funding opportunities to enable professionals, paraprofessionals, Elders, and community members to attend Dr Tracey Westerman workshops.	WA Country Health Service – Aboriginal Mental Health Holyoake		KEEDAC Moorditj Youth	Ongoing
Utilise Aboriginal and Torres Strait Islander community champions and social and emotional wellbeing advocates/storytellers to work with young people and community increase self-determination and empowerment.	WA Country Health Service – Aboriginal Mental Health Holyoake		Holyoake	Ongoing

	Moorditj Youth			
Scope the capacity for the continuation of 'Connection to Culture and Country Camps' for young Aboriginal & Torres Strait Islander peoples.	Moorditj Youth WAPOL		Holyoake	Ongoing
Scope the capacity to utilise Jim Morrison's Yokai 'Healing Our Spirit' resources and initiatives.	WA Country Health Service – Aboriginal Mental Health Holyoake		Holyoake	Ongoing
Scope the delivery of Cultural Connections and Noongar Language classes.	KEEDAC			Ongoing

Steps	Task	Date	Done
1. Create Community Wellbeing Group	<ul style="list-style-type: none"> Identify management group members. 	2022	Complete
	<ul style="list-style-type: none"> Call first meeting to establish purpose and structure, including terms of reference, meeting structures, meeting schedules, reporting pathways, etc. 	2022	Complete
2. Identify local needs	<ul style="list-style-type: none"> Review existing information and research in relation to AOD/MH&SP related issues in the area. Conduct community/key stakeholder consultation around issues (if no existing information or research found). 	2022	Complete
	<ul style="list-style-type: none"> Confirm research/consultation findings with key stakeholders and the management group. 	2023	Complete
3. Prioritise issues for action	<ul style="list-style-type: none"> With management group, prioritise the top two or three issues for action. 	2023	Complete
	<ul style="list-style-type: none"> Work through each priority using the MHC '<i>mapping tool</i>' refine priorities by identifying target groups, community impact, contributing factors, etc. 	2023	Complete
4. Develop actions and implement plan	<ul style="list-style-type: none"> With management group agree on a broad range of actions to address each priority. 	2024	Complete
	<ul style="list-style-type: none"> Complete a MP template for each priority issue which includes – actions, timeline, resources, and evaluation. 	2024	Complete
	<ul style="list-style-type: none"> Implement strategies and regularly report on progress to the CWP management group. 	2027	Ongoing
5. Review	<ul style="list-style-type: none"> With management group, identify a suitable date to review the CWP and appropriate communication pathways to enable regular feedback to community and key stakeholder groups. 	2027	To be completed

APPENDIX 1 - PLANNING FOR AN EFFECTIVE PLAN

Creating a sustainable reduction in alcohol and other drug related harm is a complex and long-term process. Issues can be overwhelming and seen as too difficult to address at a local level. However, with some effective planning, it's at the local level where partnerships between communities and services can have the greatest impact.

Prior to establishing and implementing a Community Wellbeing Plan (CWP), a number of steps need to happen to ensure the resulting plan has been developed in partnership to reflect the communities needs and has the best chance at creating sustainable change.

It is important that the community have a strong understanding of the issues and have ownership of the strategies developed to address them. To ensure this, processes should be put in place that allow community input into all stages of the development and implementation of the CWP, including progress made against addressing the issues.

